

## Free From Self-harm Soon. . .

It's been nearly a year now  
Since I last hurt myself  
It's been the happiest time  
Since I was twelve

I've had a hard 7years  
Of struggles and pain  
My life is turning around now  
I'm beginning to be sane

I'm starting to enjoy life  
And become more happier too  
This pain is slowly going  
I'll be free from self-harm soon

**Grace - 22/03/2012**

