

Hi Annie,

Thank you for the great two day workshop in Perth. It was very informative, very well presented, plus enjoyable. I have learned so much from your training that will assist me in my workplace. I have already started to use some of the strategies and tools you gave us to use with our clients and they are working remarkably well.

I came away from the workshop feeling so confident and it really does help when working with these clients. I went to a meeting last week and could not shut up about your training. They have asked if I could please get some brochures and information about your neat workshop so they can attend. I know there are definitely 9 and maybe 5-8 others. Thanks for the wonderful training and new skills I now have. NW

Hi Annie

I just wanted to thank you so much for the terrific workshop. I thoroughly enjoyed it, and I am really looking forward to attending the 3 day workshop at the end of the month. See you then! Cyndi

Dear Annie

I so much appreciated the passion and care you demonstrated towards people who hurt inside and hurt themselves in this way. I came away with insights into the individuals and also into sensitive, appropriate ways to assist. Thank you so much. Joanne

Dear Annie

Your workshop was so inspiring and also enjoyable so YES Chris and I are very fired up to run a Safe in Oz consumer recovery program. I gave my manager and CEO all the info on Safe in OZ. They submitted the idea to their Board and they approved it and they say they hope to have it up and running next year. Meanwhile they are applying for government funding and also making applications to Lottery West.

Thank you for the tax invoice for the CD. The SAFE in OZ Consumer Program Set-up CD, will save months of preparation work. So far I have funded my own training because I feel there is such a need for the program in Perth. I have contacted the Self-Harm support group (running here in Perth) and it's amazing the work you have done with them to improve it. Your structured activities will help everyone in the support group.

Although I did a degree in counselling the first time I knew anything about self-harm was from a client sitting in front of me in the counselling room. There is so much lack of knowledge out there. Since doing the training I now feel more confident in counselling a client who self-harms (and at the moment I have 3 clients who self-harm). Thank you so much for taking the initiative and determination in setting up these workshops. You sure are 'Walking the Talk' – I just wish the people who funded services could realise the potential of this program like we all do! (Be my guest and quote me!)

I will keep in touch about any new developments at this end. Keep enjoying what you are doing; it is very much appreciated.

Kind wishes to you, VB

Hi Annie

Here is a testimonial for you to use as you wish. Especially if it's for the program to get enough funding to be a national intervention program.

I have completed several suicide intervention programs over the years, and these programs have delved into self harm and accidental suicide.

After completing the Safe in Oz program I realised that I actually only had a very minimal understanding of the issues surrounding self-destructive behaviour.

The Safe in Oz program has provided me with a greater level of understanding and awareness. It has also provided me with additional skills and comprehensive knowledge, and in turn will assist me in providing a better quality service to our clients who use or display self-destructive behaviour.

This program really does save lives.

Thanks you so much Annie, Oh, and of course Carol xxxxxx CG

My Dear Annie

I would just like to say thank you for the effort and expertise that you brought to the workshop the other day. I found both days very informative and have taken many things (professionally and personally) away from the workshop.

Could I please get an electronic version of the Expression of Interest (Facilitating the SAFE in OZ Consumer Program). I would also like to have the Real Talk program for my students parents – trying to get funding though!

Cheers

RB - Student Support Leader

Hi Annie

Had a great two days, came away with so much. I am all revved up with my new knowledge and skills – look out clients! I will definitely see you for the 3 day at the end of March.

Take care Lisa

Annie - Congratulations on such a great initiative. - CC

Thanks Annie

And thank you again, for facilitating the only workshop, out of three I have attended on this subject that was helpful and useful.

Keep up the great work!!

Regards,

Deb - School Counsellor

Hi Annie

Just a quick email to say what a brilliant workshop. The content was overflowing and you gave us all so many goodies to take away and use. I felt extremely well equipped by the end of the two days. Can I say how impressive the workbooks and handouts were. They will be an excellent reference material for me in my work practice.

I have already used some of the activities and tools on my clients who have taken to them, like a duck to water.

Keep up the fantastic work you do work and I adore your newsletters, they are filled with heaps of very useful information. Will see you at the 3 day even if I have to pay for it myself.

Cheers, Viv

Hi Annie

Many e-newsletters pass my desk and I quickly scan them for anything really important. But I want to say thanks because your newsletter stopped me, I took the time to read and it made me smile and even feel a tear!

Merry Christmas

MF - COORDINATOR

Dear Annie,

The year is nearly at an end with a change in direction for me thanks to your training program. Thank you for opening my eyes to a serious issue, which has inspired me and given me the tools to look at a new career path.

I look forward to meeting you again next year for the 3 day workshop. You are truly inspirational. Merry Christmas and a wonderful New Year.

Warmest regards K ☺

Dear Annie

Just wanted to say what a great newsletter!! I'm always happy to read and pass this one on.

Thank you!!

AG - Quality Coordinator

Yo Annie

Thank you for all the awesome information. Your newsletter rocks.

I want to do your training too. Some dude from the other youth service came and screams your praises, so we are going to too.

Cheers

Z & the tribe - Youth Services Co-ordinator

Ah Yes!!! Annie,

Wish I was that relaxed!! This newsletter is excellent!!! That excellent I have passed it on to our Youth Co-Ordinator . Keep them coming!!!

Regards

G - Team Leader
Youth Services

Dear Annie

I am a Deputy Principal in a large public high school. (Currently managing some kids with major concerns) Someone passed on your newsletter including the dates of events. I am unlikely to be able to attend your event in Brisbane. However I would love to continue to receive this newsletter to pass on to our students and staff Thank you very much

SA
Deputy Principal

Thanks Annie

Thanks again for the workshop; I have gained a lot of practical information about self-abuse from doing your workshop. It was very engaging as well, which is not that easy to do for 2 days. Your passion for helping people who self-abuse is evident and I hope you see lots of fruit from your labour.

Regards JB

Hi Annie

Thank you very much for your presentation in Kempsey last week. For me it stands out as one of the best training workshops I have been to. I have come away with much more knowledge and feel far more equipped to deal with issues of self harm/abuse.

(Might put a message on morning notices -"Would all self harmers please meet in my office at recess!!!!") OMG did I really type that?

Kind regards ML

Hi Annie,

I posted your website on my research facebook page & got the following glowing feedback, which I thought you'd love to hear:

Melina Karn - "I have done this training, and it is invaluable for anyone working with at-risk youth, and teenagers in general."

Rheannon Harrop - "I've done this one too, great, awesome lady doing great work!"

Cheers

MW - School of Social Sciences and Psychology

Thanks Annie for sending us this extra information.

I really enjoyed the training and have found it very useful for myself and my team already, not to mention the clients!

I think the work that you are doing is fantastic and you truly are an inspiration.

Regards, JC

Hello Annie

Just a note to say hello.... and thank you.

We had a very successful two days training that was everything and MORE than I expected. It was fantastic training.

I have had feedback from nearly everyone in the group and the consensus is the same. Excellent!

It has been so good working with you, I just want more....

the training was really excellent we all got so much out of it.

Thanks again

AB - Coordinator

Dear Annie

I did want to congratulate you to my participation in the two day workshop. My sincere gratitude to you. It was a good learning opportunity and networking experience. Best training experience for me.

I am planning for the three day workshop. Tomorrow I am going away and will be back in a month and then I will contact you.

I will see the facilities and awareness for these kind of kids.

Will be in touch. Thanks again S

Hi Annie

It was lovely to meet you and all the other workshop participants within such a great learning environment. Thank you again to Annie for such an informative and entertaining two days of learning. I was able to walk away with a new understanding of and strategies in, dealing with individuals who self abuse.

You are an inspiring and passionate woman.

L C - Respite Programs Coordinator

Hi Annie

You got me inspired and ready to go. This is my latest project since your phenomenal training. I thought you might find the attached useful as examples of inspirational/affirmation cards for others. I'm rather proud of them myself lol...

Feel free to make use of them... and pass on to others.

Best wishes

H - School Counsellor

Annie,

I LOVE your newsletter, 1st time I have seen it.

I am new to MH, didn't want to come to work today!

So did the music, flowers, makeup, nice clothes thing

Opened my email and WOW there you were

Fantastic!

Have a good day

DW - *Clinical Nurse*