

Annie thank you very much for your positive newsletter... I think it is fantastic and do enjoy reading it each month. It offers me as a worker some great ideas to use with my clients and has assisted many peer workers on many occasions... Keep up the great work and your amazing positivity. SAFE in Oz rocks! - BB [WA]

Thank you for such a positive newsletter. It is very helpful too. - GC [TAS]

Just had to let you know how much we enjoy your newsletter. It is very helpful in the work we do and often our clients use the information too. Keep it coming! - CT [WA]

I would like to commend you on your monthly newsletter 'Hope, Help & Hanging Out'. I find it very interesting and positive to read. I sometimes print it out for some of my clients who too get great benefit from it. I love how you present such practical and simple options for workers and clients in the field of self-abuse. It is educational, humorous and extremely practical. I always print out a copy and pop it in a resource file as you cover such great topics. Thank you very much for all your hard work, it is greatly appreciated. – JD [VIC]

Can I please get my email address changed as I do not want to miss any of Hope, Help & Hanging Out's. It is an excellent newsletter. Thank you. - SW [TAS]

This is one of the best newsletters I have read for a long time. It must take you forever to put it all together, just keep doing it! It has been very helpful to a myriad of people for me, including clients, carers, peer workers and my waiting room. I always print out at least 20 each month and pop them in my waiting room and they go very quickly. I often have people asking me for them when they can't find them. It is obvious you put a lot of thought into them and they are so professionally presented. Thank you very much for this resource in a field where resources such as these are few. - AC [NSW]

One of my peer workers has introduced me to your wonderful newsletter. I think the name is very apt and it is always full of interesting and practical ideas. The humour and puzzles are a blessing for workers and clients alike. Thank you and I do look forward to receiving my own copy soon. - KT [TAS]