

Training for professionals, carers, family & friends of individuals who have

Self-Destructive Behaviours in our Community.

Mental Health—Walk the Talk!



ABN: 69 130 594 302 is presenting a 2 day training workshop in partnership with ...

## 'An Introduction To Working With Individuals Who Have Self-Destructive Behaviours'

[This is a pre-requisite for the 3 day training 'Facilitating the SAFE in Oz Consumer Recovery Program']

Thursday & Friday

## 30th November & 1st December 2017

breakthru
231 Victoria Street
TAREE NSW 2430

**\$440.00** [Inclusive of GST]

If you register and pay at least 30 days BEFORE the commencement of the workshop you will qualify for our Early Bird payment of \$400.00 [incl GST]

Light refreshments will be provided - BYO Lunch

Day 1 - 9am for 9.15am prompt start until 4.30pm Day 2 - 9am prompt start until 4.30pm

There are strictly limited places available for this workshop.

A hard copy of the Registration Form can be accessed at www.safeinoz.com.au or contact Annie for an electronic version. Upon receipt of your completed Registration Form a Tax Invoice will be issued for payment and a place secured in the workshop. This workshop is accredited for 6 CPE points with ACWA.



If you require any further information please contact;
Annie - 03 5176 2616

[Office hours Tuesday - Thursday 9am - 4pm EST]

safeinoz@wideband.net.au

## Perdie said ...

"I am a 32 year old person. I say person because I don't know who I really am. I have the body of a disfigured woman and the mind of a dead soul. Self-harming for me is a physical manifestation of the extreme internal distress and trauma I feel each day of my life. The feelings of guilt, shame and self-hatred for what I allowed to happen in the past.

It is my punishment, yet release from this intense inner pain"....

Further testimonies, poetry, music and art can be accessed at www.safeinoz.com.au under 'Sharing the Experience' - 'Self-Abuse Finally Ends' page...