



Training for professionals, carers, family &
friends of individuals who have
Self-Destructive Behaviours
in our Community.
Mental Health—Walk the Talk!



UPPER HUNTER
COMMUNITY SERVICES Inc.

ABN: 69 130 594 302

is presenting a 2 day training workshop in partnership with ...

'An Introduction To Working With Individuals Who Have Self-Destructive Behaviours'

[This is a pre-requisite for the 3 day training ' Facilitating the SAFE in Oz Consumer Recovery Program']

Monday & Tuesday

9th & 10th April 2018

Muswellbrook Neighbourhood Services
QEII Community Centre chr Bridge & Market Street
Muswellbrook NSW 2333

\$440.00 [Inclusive of GST]

If you register and pay **at least 30 days BEFORE** the commencement of the workshop you will
qualify for our Early Bird payment of **\$400.00** [incl GST]

Light refreshments will be provided - **BYO Lunch**

Day 1 - 9am for 9.15am prompt start until 4.30pm

Day 2 - 9am prompt start until 4.30pm

There are strictly limited places available for this workshop.

A hard copy of the Registration Form can be accessed at www.safeinoz.com.au
or contact Annie for an electronic version. Upon receipt of your completed
Registration Form a Tax Invoice will be issued for payment and a place secured
in the workshop. **This workshop is accredited for 6 CPE points with ACWA.**



ACWA
AUSTRALIAN COMMUNITY
WORKERS ASSOCIATION

If you require any further information please contact;

Annie - 03 5176 2616

[Office hours Tuesday - Thursday 9am - 4pm EST]

safeinoz@wideband.net.au

Perdie said ... *"I am a 32 year old person. I say person because I don't know who I really am. I have the body of a disfigured woman and the mind of a dead soul. Self-harming for me is a physical manifestation of the extreme internal distress and trauma I feel each day of my life. The feelings of guilt, shame and self-hatred for what I allowed to happen in the past. It is my punishment, yet release from this intense inner pain"....*

Further testimonies, poetry, music and art can be accessed at www.safeinoz.com.au
under 'Sharing the Experience' - ' Self-Abuse Finally Ends' page...